



# Family & Friends Memory Support Group

At Oak Leaf Manor, we understand the great level of trust and responsibility that has been placed in us by our residents and their families. We strive to live up to this vote of confidence by providing exceptional personal care, service, and support. We know that we need to work together as a team with our residents, their family and friends and as part of this team approach we would like to offer a new service to all of our family members and friends.

Please feel free to join us for this time of education, information sharing and emotional support during the journey through this devastating disease.

If you have any questions, please feel free to call or email our Memory Support Group Co-Facilitators

Deb Schleh, ADC  
Director of Therapeutic Recreation  
dschleh@oakleafmanor.com  
717-898-4663

Melanie Getz, LPN  
Friendship Place Unit Coordinator  
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717-898-4663

## What Is a Support Group?

Support groups are free gatherings, scheduled monthly, of persons who are providing care for persons with Alzheimer's disease or a related disorder. The groups are facilitated by persons trained by the Alzheimer's Association. The primary purpose of these groups is to provide education and knowledge about the disease and caregiver skills.

**No one needs to go through this alone and our support group will offer the opportunity to:**

\*Connect with other families and caregivers who are dealing with the disease and reduce feelings of isolation

\*Learn Techniques that can help ease the physical and emotional challenges for both the resident and caregiver

\*Share Practical ideas and feelings in a supportive setting

# Oak Leaf Manor



### Oak Leaf Manor South

2101 Wabank Road  
Millersville, PA 17551  
717-872-9100

The Support Group will meet at this location on the 2<sup>nd</sup> Thursday of these Months  
6:30pm-8:00pm

January 12, 2012  
March 8, 2012  
May 10, 2012  
July 12, 2012  
September 13, 2012  
November 8, 2012

### Oak Leaf Manor North

2901 Harrisburg Pike  
Landisville, PA 17538  
717-898-4663

The Support Group will meet at this location on the 2<sup>nd</sup> Thursday of these Months  
6:30pm-8:00pm

February 9, 2012  
April 12, 2012  
June 14, 2012  
August 9, 2012  
October 11, 2012  
December 13, 2012

alzheimer's  association®

the compassion to care, the leadership to conquer